

2012 A.A.U. Hawaii State Powerlifting Push/Pull and Single Bench or Deadlift Championships

Name _____ Phone _____ A.A.U. # _____

Address _____ City _____ State _____ Zip _____

Weight Class _____ Age _____ D.O.B. _____ Sex _____

E-Mail address _____

PLACE: "P" for Powerlifting, "B" for Bench, "D" for Deadlift, "X" For Push/Pull on appropriate line!

Equipped

Open _____ Teen _____ Youth _____

Junior _____ Sub Master _____ Master _____

Law/Fire _____ Military _____ Lifetime Masters _____

Raw

Raw Open _____ Raw Teen _____ Raw Youth _____

Raw Junior _____ Raw Sub Master _____

Raw Master _____ Raw Law/Fire _____

Raw Lifetime Masters _____ Raw Military _____

Disabled _____ (specify, Dwarf, Blind, Wheel Chair)

AAU Powerlifting Waiver and Consent

In order to be able to participate in this or any other AAU Powerlifting event, I hereby consent to be drug tested by urine analysis or whatever other method is chosen by the AAUPC. I agree if I fail or refuse to be tested that I will automatically be disqualified from the event(s) and may be subject to further penalties under the AAU Code. I further consent to the publication of my test results and/or my failure/refusal to test in sole discretion of the AAUPC. I understand that both the collection process and testing procedures will be performed by a third party (not AAUPC or AAU) I hereby release, discharge and covenant not to sue the AAUPC and/or the AAU, their respective administrators, directors, agents, officers, members, volunteers, employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of the premises on which any AAU activity takes place (each considered one of the releases), from all liability, claims, demands, losses, or damages on any account caused or alleged to be caused in whole or in part by any and all of the releases or otherwise, relative to the drug testing, the publication(s), or any matter related to this event, and further agree that if, despite this release and waiver of liability, assumption of risk and indemnity agreement, such a claim is made against any of the releases, the undersigned will indemnify, save and hold harmless each of the releases from any litigation expenses, attorneys fees, loss, liability, damage, or cost which may occur as a result of such claim. The parties agree that if any portion of the consent/release shall be deemed invalid and/or unenforceable, the rest of such consent/release shall remain in full effect.

Signature _____ Date _____

Signature of parent or Guardian _____ (if under age 21)

PAYMENT ENCLOSED \$ _____

(If you think you're an Elite Lifter please stay home, look at the mirror and tell yourself repeatedly, "I am an Elite Lifter", and eventually you will start believing yourself.)